



## 5<sup>th</sup> & 6<sup>th</sup> Class

### Ms. O'Connor & Ms. Carty

#### Monday

##### Activity 1: Scavenger Hunt

Print out Scavenger Hunt sheet attached. Run, jog and walk in your community and see how many of the items on the list you can find in an hour. Don't forget to take pictures and send evidence to your teacher. Make this a family activity by doing it together! Please ensure you complete this activity with an adult.

#### Tuesday

##### Activity 1: Disco time!

Why not learn one of the following dances?

Uptown Funk

<https://youtu.be/ohqYQG-TIas>

Dance Monkey

<https://youtu.be/Xg5D73E7Zqw>

Bad Guy

<https://youtu.be/QC7iMA2CoQk>

Gangnam Style

<https://youtu.be/9bZkp7q19f0>

Activity 2: Challenge yourself!

Record yourself mastering a skill or completing a challenge of your choice and send it your teacher.

Football Skills Challenge

<https://youtu.be/ubAXTSiPbuE>

Gaelic Skills Challenge

[https://youtu.be/G\\_0EkDioGNs](https://youtu.be/G_0EkDioGNs)

Balance Challenge

[https://youtu.be/U\\_ttFp8qA84](https://youtu.be/U_ttFp8qA84)

Coordination Challenge

<https://youtu.be/rytsJyzCjiM>



Don't forget to send your Sports Day activities/pictures to:

Ms. O'Connor [aoconnor5thclass@gmail.com](mailto:aoconnor5thclass@gmail.com)

Ms. Carty [kcarty@stjosephsfinglas.net](mailto:kcarty@stjosephsfinglas.net)

Or WhatsApp Ms. Fitzgerald on [083 8822037](tel:0838822037)

